



Rocklands Youth Football Club

Risk Assessment



Risk Assessment Date:

Name of individual conducting the Risk Assessment:

Ser	ASSESSMENT AREA	Control Measures	Reduced to accepted level YES/NO
1	Appropriate Insurance in place. (Public Liability and Personal Accident)?	Club have this in place	Yes
2	Pitch/playing surface safe to use (free from hazard that may cause injury)?	Pitch is checked prior to training by coaches	Yes
3	Goal posts safe and secure?	Posts are not used	Yes
4	First Aider and equipment available for immediate use?	First Aider present he is current, and all equipment is in date and serviceable.	Yes
5	Weather conditions conducive to the activity?	Checked prior to starting using the application Windy, also assessed throughout the training session. If the weather is inclement and not to an acceptable standard training will cease.	Yes
6	Participants wearing appropriate footwear and protective equipment (shin pads)?	Coaches inform parents and players prior to the session to wear suitable footwear and PPE. It is checked by the coaches on arrival.	Yes
7	Participants free from any jewellery that may cause injury to them or others?	Coaches inform parents and players prior to the session to wear suitable footwear and PPE. It is checked by the coaches on arrival.	Yes
8	Toilet available?	Due to the location of our training facilities, Public park we have no toilet facilities. Everyone is instructed to go to the toilet	Yes

		prior to training and they are free to leave at any time should they require.	
9	Hot/cold running water and soap available for handwashing?	Everyone is instructed to wash their hands prior to arrival. They sanitise with hand sanitizer on arrival as instructed by the coaches. Every time there is a drinks break during training the players are instructed to sanitize their hands prior to touching their water bottles. A safety brief is given before every training session instructing individuals not to touch any equipment.	Yes
10	Adequate hand sanitiser available for all participants?	As above	Yes
11	Anti-bacterial wipes or spray available for sanitising all equipment?	There is a hand sanitizing station and all equipment is sanitized prior to training and afterwards by the coaches. Only the coaches can touch the equipment, and this is mentioned on the safety brief prior to training commencing.	Yes
12	Consent forms signed?	Parents and players Must signed a consent form prior to participating in the planned training session. Coaches are to ensure that this happens.	Yes

If any area is assessed as NO, the training session is not to take place.